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ABSTRACT

The program was designed for 13- to 17-year-old at risk adolescents, those individuals who are experiencing difficulties at school, home and/or work. Their main characteristics are a lack of self-control and self-confidence, aggressive behavior, and either little or unrealistic thought about their future. The primary outcomes or aims of the program are: (1) to help participants learn and apply effective problem-solving and decision-making strategies in school, social and work settings; (2) to help participants learn to control and understand sources of their frustrations and aggressions; (3) to help participants learn and apply expanded language concepts for their emotions, for dealing with relationships, and for thinking about their futures; and (4) to help participants gain an understanding of various career requirements and a sense of their own career interests and abilities. The program should be delivered by a teacher or counsellor in class of 8 to 10 participants, which will take place for 70 to 90 minutes, five days per week, for 12 to 13 weeks. The program takes place within the context of an imaginary company. Students, the "employees," earn a salary and benefits, have staff meetings and performance reviews, receive memos, make individual and collaborative decisions, spend time in job shadowing and placements, and various other projects. (BF)

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